



NPC MuscleContest  
 Bodybuilding, Figure, Bikini, and Men's Physique Championships  
 March 26, 2011  
 Culver City, California

# TEEN

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
148	Zack	Hemmingson	OMW, NMW, MPB	1	1	1	1	1	1	1	5	1
231	Jefferson	Paine		2	2	2	3	2	2	2	10	2
232	Martin	Douglass		3	3	3	2	3	3	3	15	3

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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**Open Bantam up to 143 1/4**

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
195	Michael	Lynn		2	2	2	2	2	2	2	10	2
196	Daymond	Sewall	NLW	1	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Open Mens Light over 143 1/4 to 154 1/4

N u m b e r	F i r s t N a m e	L a s t N a m e	C r o s s O v e r C l a s s	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
164	Chris	Bitz	NLW, MPB	8	8	8	8	8	8	8	40	8
190	Jake	Cagle	NLW	6	4	5	5	6	5	5	26	5
191	Adam	Rhodes		3	3	3	3	3	3	3	15	3
192	Adrian	Gonzalez	NLW	6	7	5	6	5	6	6	29	6
193	Pablo	Sanchez	MM, NLW	7	6	7	7	7	7	7	35	7
194	David	Carrera	GM	1	1	1	1	1	1	1	5	1
197	Thomas	New		2	2	2	2	2	2	2	10	2
198	David	Duncan	GM	4	5	4	4	4	4	4	20	4

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Open Mens Middle over 154 1/4 to 176 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
148	Zack	Hemmingson	TEEN, NMW, MPB	5	6	6	6	6	6	6	30	6
199	Steve	Kleva		2	1	1	1	1	1	1	5	1
200	Ignacio	Lujan	NMW	3	3	3	3	3	3	3	15	3
201	Tobias	McGowan		6	5	5	5	5	5	5	25	5
203	Justin	Cortenbach	NMW	4	4	4	4	4	4	4	20	4
206	Omar	Lara	NMW	1	2	2	2	2	2	2	10	2

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Open Mens Lt Heavy over 176 1/4 to 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
174	Mycal	Anders	NLH, MPC	4	4	4	4	4	4	4	20	4
202	Scott	Wood	NLH	2	1	1	1	1	1	1	5	1
211	Adam	Shipley		3	3	3	3	3	3	3	15	3
215	Ken	Turcek	NLH	1	2	2	2	2	2	2	10	2

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Open Mens Heavy over 198 1/4 to 225 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
204	Daigo	Kitai		1	1	1	1	1	1	1	5	1
205	Edward	De Lorenzo	GM	2	2	2	2	2	2	2	10	2

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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**Open Mens Super Heavy over 225 1/4**

N u m b e r	F i r s t  N a m e	L a s t  N a m e	C r o s s  O v e r  C l a s s	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
207	Richard	Butch		2	2	2	2	2	2	2	10	2
208	John	Merwin		1	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Ultra Grand Masters Men 60+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
205	Edward	De Lorenzo	OHW	1	1	1	1	1	1	1	5	1
222	Paul	Devine		2	2	2	2	2	2	2	10	2

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_





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## Grand Masters Men 50+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
194	David	Carrera	OLW	1	1	1	1	1	1	1	5	1
198	Daniel	Duncan	OLW	2	2	2	2	2	2	2	10	2
229	Michael	Kaplan		3	3	3	3	3	3	3	15	3

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Masters Men 40+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
193	Pablo	Sanchez	OLW, NLW	3	3	3	2	3	3	3	15	3
221	Tom	Mesa	NHW	4	4	4	4	4	4	4	20	4
223	Marc	Vigil	NHW	5	5	5	5	5	5	5	25	5
228	Michael	Grajeda		2	2	2	3	2	2	2	10	2
230	Orlando	Daniel		1	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Novice Mens Light up to 154 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7		
164	Chris	Bitz	OLW, MPB	9	8	9	8	9	8	8	42	8
190	Jake	Cagle	OLW	2	2	2	2	2	2	2	10	2
192	Adrian	Gonzalez	OLW	3	4	3	4	3	3	3	16	3
193	Pablo	Sanchez	MM, OLW	4	3	4	3	4	4	4	19	4
196	Daymond	Sewall	OBW	6	6	6	6	6	6	6	30	6
212	Alex	Mitchell		1	1	1	1	1	1	1	5	1
213	Steve	Duenas		8	9	8	9	8	9	9	43	9
214	Aria	Fathifard		7	7	7	7	7	7	7	35	7
218	Wade	Foote		5	5	5	5	5	5	5	25	5

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Novice Mens Middle over 154 1/4 to 176 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
148	Zack	Hemmingson	TEEN, OMW, MPB	6	6	6	6	6	6	6	30	6
200	Ignacio	Lujan	OMW	3	3	3	3	3	3	3	15	3
203	Justin	Cortenbach	OMW	4	4	4	4	4	4	4	20	4
206	Omar	Lara	OMW	2	2	2	2	2	2	2	10	2
216	Juan	Herrera		5	5	5	5	5	5	5	25	5
225	Ben	Garcia		1	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Novice Mens Light Heavy over 176 1/4 to 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	<b>P l a c i n g</b>
174	Mycal	Anders	OLH, MPC	5	5	5	5	5	6	6	26	<b>5</b>
202	Scott	Wood	OLH	2	3	2	2	2	2	2	10	<b>2</b>
215	Ken	Turchek	OLH	3	2	3	3	3	3	3	15	<b>3</b>
217	Michael	Colson		6	6	6	6	6	5	5	29	6
219	Hassan	Trotter		4	4	4	4	4	4	4	20	<b>4</b>
220	Clifton	Trotter		1	1	1	1	1	1	1	5	<b>1</b>

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Novice Mens Heavy over 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
221	Tom	Mesa	MM	2	2	3	3	3	3	3	14	3
223	Marc	Vigil	MM	4	4	4	4	4	4	4	20	4
224	David	Lemmel		1	3	2	2	2	2	2	10	2
227	AJ	Garcia		3	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



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## Open Woman

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	<b>P l a c i n g</b>
39	Sandra	Crowel	MF45+B	3	3	3	3	3	3	3	15	3
209	Susan	Graham		2	2	2	2	2	2	2	10	2
210	Victoria	Dominguez		1	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_



NPC San Diego  
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 March 19, 2011  
 San Diego, California

## Novice Mens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
212	Alex	Mitchell	<b>Light Weight</b>	3	2	4	3	4	3	3	16	<b>3</b>
225	Ben	Garcia	<b>Middle Weight</b>	1	1	1	1	1	1	1	5	<b>1</b>
220	Clifton	Trotter	<b>Light Heavy Weight</b>	2	3	2	2	2	2	2	10	<b>2</b>
227	AJ	Garcia	<b>Heavy Weight</b>	4	4	3	4	3	4	4	19	<b>4</b>

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_





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## Open Mens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
196	Daymond	Sewall	<b>Bantam Weight</b>	6	6	6	5	6	6	6	30	6
194	David	Carrera	<b>Light Weight</b>	3	3	5	4	5	5	5	22	5
199	Steve	Kleva	<b>Middle Weight</b>	4	2	4	3	4	3	4	18	3
202	Scott	Wood	<b>Light Heavy Weight</b>	5	5	3	6	3	4	3	20	4
204	Daigo	Kitai	<b>Heavy Weight</b>	2	4	2	2	2	2	2	10	2
208	John	Merwin	<b>Super Heavy Weight</b>	1	1	1	1	1	1	1	5	1

Judge: \_\_\_\_\_

Judge: \_\_\_\_\_