

## PLEASE READ THE ENTIRE ENTRY FORM CAREFULLY

- DATE:** SATURDAY, June 9, 2012 - Prejudging: 11:00 a.m. Evening Finals: 6:30 p.m. SHARP!
- LOCATION:** **SCOTTISH RITE EVENT CENTER**, 1895 Camino del Rio S., San Diego, California 92108.
- DIRECTIONS:** For internet directions go to: [www.expedia.com/maps](http://www.expedia.com/maps) and use the theater address in the destination section.
- CAMERAS/VIDEO:**
1. No video equipment is allowed in the auditorium.
  2. No professional photography is allowed without prior approval of the contest promoter, or district chairman.
  3. No soliciting of photo, or video services is allowed on the premises without prior approval of the contest promoter.
  4. No camera bags, or equipment are allowed in the auditorium without prior approval of the contest promoter.
  5. Spectators who have purchased a ticket are allowed access to the event with one (1) camera only.
- LODGING:** **SHERATON MISSION VALLEY**. 1433 Camino Del Rio South, San Diego, CA 92108. (619) 260-0111.
- CHECK-INS & WEIGH-INS:** Athlete briefing at 8:00 AM. Check-ins/Weigh-Ins start at 8:30 AM. Another Athlete briefing will be at 5:30 PM.
- ELIGIBILITY:** This competition is open to all NPC registered athletes who meet the following requirements:
1. Possess a current NPC card (unregistered athletes may purchase cards for \$100.00, which is valid thru December 31, 2012). NPC cards available at check-in.
  2. All competitors must be 18 years or older on the day of the contest. Masters must show proof of age, i.e., driver's license, birth certificate.
  3. All AF competitors must be active duty, all reserves and national guardsmen, dependents, or retired military.
  4. Prior Service Men's Division must present DD-214 at checkins day of contest.
  5. All Figure/Bikini competitors must be over 18 years years old on the day of the contest.
  6. Open to DOD civilians (I.D. required).
- NOTE: Contestant may enter more than one division at a cost of \$90 per division. Athletes may change divisions at the check-in, but changes must be made before the prejudging starts.
- ABSOLUTELY NO ALCOHOLIC BEVERAGES** of any kind will be allowed on the theater property. Any contestant found violating the above rules will be immediately disqualified.
- Please be on time! All Bodybuilding competitors will perform 60 second posing routine at the evening finals.
- open to active duty, dependents, reserves, retired, prior service (with DD-214)or DOD civilian
- AWARDS:** Statues will be awarded to athletes placing 1st through 5th place in each weight group or class. Overall awards will be presented if there is more than one weight or height group within a class.
- MUSIC:** CD ONLY (no cassettes). Each CD must contain only one song (music mixing allowed) and must bear the contestant's name. Each contestant is responsible for picking up his/her music at the Evening Show. Lindsay Productions will not accept liability for music left behind. There is no music or posing requirements for Men's and Women's Physique.
- POSING LIMIT:** For Bodybuilders there will be no 60 second free posing round at prejudging. Everyone will perform at the evening finals. Bodybuilders are limited to 60 second posing routine at evenin finals.
- Figure/Bikini/Physique competitors go to: [www.musclecontest.com](http://www.musclecontest.com) and download the **Special Competition Guidelines** insert.
- POSING SUITS:** Bodybuilding/Figure/Bikini/Physique competitors go to: [www.musclecontest.com](http://www.musclecontest.com) and click on **Competition Guidelines** for posing suit requirements.
- ENTRY FEE:** \$90.00 Money orders payable to Lindsay Productions. No Refunds. Entry deadline is June 2, 2012. Late entries \$130.00. No Exceptions. For questions, call Jon Lindsay at (310) 796-9181.

**WEIGHT GROUPS: Mens Unlimited Bodybuilding**

Lt. Wt. - up to 176 1/4

Hvy. Wt. - over 176 1/4

**Prior Service Mens Bodybuilding**

One Class

**Mens Physique**

One Class

**Mens Prior Service**

One Class

**Womens Physique**

One Class

**Womens Figure**

One Class

**Womens Bikini**

One Class

# OFFICIAL ENTRY FORM

## 2012 NPC WESTERN ALL FORCES CHAMPIONSHIPS

*held in conjunction with Southern California Championships*  
**\* A LINDSAY PRODUCTION \***

OFFICIAL USE ONLY	
DIVISION	_____
CLASS	_____
WEIGHT	_____
NUMBER	_____

Return Entry Form and fees (\$90.00 Payable to Lindsay Productions) to: Lindsay Productions, 2554 Lincoln Blvd., PMB 749, Venice, CA 90291

Name \_\_\_\_\_ e-mail: \_\_\_\_\_ Phone No. \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Age \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_ Service Branch \_\_\_\_\_

**(Circle The Class You Plan To Compete In - You may compete in more than one Class provided additional \$90 entry fee(s) are paid)**

**UNLIMITED MENS BODYBUILDING    PRIOR SERVICE MENS BODYBUILDING    MENS PHYSIQUE    WOMENS PHYSIQUE    FIGURE    BIKINI**

I understand that no entry will be accepted without a signature or entry fee. I understand that this competition is NPC sanctioned and shall be conducted in accordance with the rules and regulations established by the NPC. In consideration of your acceptance of this entry form and fee, I hereby waive and release all rights and claims for damages against the National Physique Committee of the USA, Inc., Jon Lindsay, Lindsay Productions, Scottish Rite Event Center, San Diego, all sponsors and vendors, employees or assigns by reason of injury or damage, which I incur, and include any injuries or damages suffered and sustained by members of my entourage or individuals associated with or accompanying me while traveling to and from or participating in this competition. I further agree to have my participation in this competition videotaped and photographed and I hereby waive and release all rights to said videotapes and photographs to Lindsay Productions and www.musclecontest.com for the exclusive use in the illustration and/or depiction of and concerning the sport of bodybuilding. I agree to abide by all decisions of the designated officials and declare that all the information contained herein is, to the best of my knowledge, true, correct and complete. I have read and understood the contents of this entry blank. I consent and agree that I will comply with all the rules and regulations of Days Inn/Sheraton, including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. I further agree that I will indemnify and hold harmless the NPC and the promoter from and against any damages caused by me to Days Inn/Sheraton or damages to a guest room or rooms occupied or registered to me. Finally, I acknowledge that my failure to comply with any rule or regulation of Days Inn/Sheraton or damage to any guest room occupied by or registered to me may result in disciplinary action against me including, but not limited to, suspension as a member of the NPC and/or competing in contest sanctioned by the NPC.

**WARNING:** Use of steroids to increase strength or growth can cause serious health problems. Steroids can keep teenagers from growing to their full height; they can also cause heart disease, stroke, and damage liver function. Men and women using steroids may develop fertility problems, personality changes, and acne. Men can also experience premature balding and development of breast tissue. These and other health hazards are in addition to the civil and criminal penalties for unauthorized sale, use, or exchange of anabolic steroids.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 \_\_\_\_\_ Date \_\_\_\_\_

(Signature of Parent/Guardian required for contestants under the age of 18)

### TICKET ORDER FORM

It is necessary to order your tickets early since the availability of tickets changes daily. Please complete the ticket order form and return it with your cashiers check or money order as soon as possible. There will be a 5% mailing & processing fee for all ticket orders.

TICKET PRICE	QUANTITY	TOTAL	
\$40.00 Finals	_____	\$ _____	
\$35.00 Prejudging	_____	\$ _____	
	<b>ENTRY FEE*</b>	\$ _____	<b>*\$90 per Class entered payable to Lindsay Productions (\$130 if past deadline)</b>
	Total Enclosed	\$ _____	

**Special (at door) ticket prices for Active Duty Armed Forces are as follows:**  
**PREJUDGING - \$15    FINALS - \$25**  
**Show ID at ticket booth on day of contest for this special rate.**

**MONEY ORDERS OR CASHIERS CHECKS PREFERRED.**  
**(PERSONAL CHECKS ACCEPTED)** Payable to: LINDSAY PRODUCTIONS  
 Mail to: Lindsay Productions  
 2554 Lincoln Blvd., PMB 749  
 Venice, CA 90291



For Credit Card Orders Go To: **www.musclecontest.com**  
 or Fax this form to: **(310) 693-2516**

Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_ Billing Address Zip Code \_\_\_\_\_

ALL SALES ARE FINAL. NO REFUNDS, RETURNS, OR EXCHANGES  
 (NOTE: A 5% service charge will be added to all credit card orders)

Signature (Required for credit card orders.) \_\_\_\_\_