

# 2009 BODYBUILDING.COM NPC USA BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

Dear NPC Athlete:

Enclosed please find the entry blank for the 2009 Bodybuilding.com NPC USA Bodybuilding, Figure and Bikini Championships which is being held July 24-25 in Las Vegas, Nevada. Please read the entire brochure thoroughly as **it contains important information.**

The application page must be fully completed and signed. If you are under 18 years old, make sure to have it signed by your parent or guardian. Once the application has been completed, send a money order - ***no personal checks*** - to pay for your entry fee and return it where instructed in your official entry form. Keep the information brochure for your own reference. ***There are no refunds or transfers of entry fees.***

**DEADLINE FOR ENTRY MAILING IS FRIDAY, JULY 3, 2009. ENTRIES POSTMARKED AFTER JULY 3 WILL BE ACCEPTED IF RECEIVED BY JULY 8, 2009. ENTRY FEE FOR ENTRIES POSTMARKED AFTER JULY 3 AND RECEIVED ON OR BEFORE JULY 8 IS DOUBLED TO \$300.**  
**ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER JULY 8, 2009.**

A ticket order form is also provided so you can order tickets in advance for your family and friends. Place your order as soon as possible to reserve the best seats. Tickets can be ordered by completing the order form and mailing it to 2554 Lincoln Boulevard, PMB 749, Venice, CA 90291, with a money order payable to Lindsay Productions. No personal checks will be accepted. VISA and Mastercard are also accepted. Credit card orders can also be faxed to Lindsay Productions at 310.693.2516.

## **Ticket Prices:**

FINALS:                    \$100 - \$75 - \$50 - All Seats Reserved

PREJUDGING:        Men BB/Bikini - \$35 / Women's BB/Figure - \$35 - Open Seating

If you have any **questions on eligibility requirements**, please contact Lindsay Productions, at 310.796.9181 or by email to [jon@musclecontest.com](mailto:jon@musclecontest.com)

**FOR COMPLETE INFORMATION, GO TO [www.musclecontest.com](http://www.musclecontest.com)**

For any additional information not found on the website, call Lindsay Productions at 310.796.9181, fax to 310.693.2516, or email [jon@musclecontest.com](mailto:jon@musclecontest.com).

Good Luck!

*Jon*

Jon Lindsay  
Lindsay Productions

# 2009 NPC USA BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

## ELIGIBILITY REQUIREMENTS

All contestants must be registered as athletes with the computer service of the National Physique Committee as of July 3, 2009 (Entry Deadline). For an application, contact the NPC at P.O. Box 3711, Pittsburgh, PA 15230 412-276-5027. **YOU MAY NOT REGISTER FOR AN NPC CARD ON THE DAY OF THE CONTEST.**

You **MUST** be a U.S. Citizen to enter this event and proof **MUST** be sent with entry (copy of birth certificate, voter registration, passport, or DD214 (military discharge)). **DRIVER LICENSES OR SOCIAL SECURITY CARDS ARE NOT ACCEPTABLE PROOF OF CITIZENSHIP**

You **MUST NOT** currently be under suspension by the NPC.

In order for a U.S. bodybuilding and/or figure athlete to be eligible for the 2009 NPC USA Bodybuilding, Figure & Bikini Championships, the athlete must have competed since January 1, 2007, and obtained one of the following placements in an NPC-sanctioned event:

- Among the first 5 in his/her weight group in the NPC Nationals, NPC USA or IFBB North American Championships
- Among the first 5 in his/her weight group in the Jr. National or Jr. USA Bodybuilding Championships
- Among the top 5 in his/her weight class in the Teenage, Collegiate or Masters Nationals Bodybuilding Championships
- Among the first 2 in his/her weight class in the Armed Forces National Bodybuilding Championships
- First Overall in an area bodybuilding Championship of the unrestricted class
- Among the first 2 in his/her weight class in an area level bodybuilding Championship designated as a National Qualifier
- As the Overall winner in a District level bodybuilding Championship designated as a National qualifying contest
- Class winners at the USA and Nationals will be given 5 years of eligibility
- Figure competitors must have placed in the top 3 in their respective height class in a NPC-sanctioned figure event designated as a national qualifying contest since January 1, 2007, and must be eligible under Items 1, 2, and 3
- Bikini competitors must have competed in an NPC-sanctioned event.
- All athletes are subject to random drug testing

## FOR INFORMATION CONCERNING ELIGIBILITY AND ACCEPTANCE FOR ALL ATHLETES, PLEASE

**CONTACT:** Jon Lindsay, Lindsay Productions  
310.796.9181  
Email: jon@musclecontest.com

## ENTRY DEADLINE

**ALL ENTRIES MUST BE POSTMARKED NO LATER THAN FRIDAY, JULY 3. FOR ANY ENTRIES POSTMARKED AFTER JULY 3 AND RECEIVED BY JULY 8, THE ENTRY FEE IS DOUBLED TO \$300. ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER JULY 8.**

- Checklist:**
- Entry Blank - Signed and completed
  - Copy of your 2009 NPC card
  - Proof of US Citizenship: Birth certificate, voter registration card, passport, or DD-214
  - Money order in the amount of **\$150** payable to **Lindsay Productions**

**All Athletes:** Return Entry Form by Certified Mail, Express Mail, UPS Next Day or Federal Express to Jon Lindsay Productions

## WEIGHT DIVISIONS

<b><u>MEN BB</u></b>	Bantamweight:	143-1/4 lbs. & under
	Lightweight:	over 143-1/4 lbs. up to & including 154-1/4 lbs.
	Welterweight:	over 154-1/4 lbs. up to & including 165-1/4 lbs.
	Middleweight:	over 165-1/4 lbs. up to & including 176-1/4 lbs.
	Light-Heavyweight:	over 176-1/4 lbs. up to & including 198-1/4 lbs.
	Heavyweight:	over 198-1/4 lbs. up to & including 225-1/4 lbs.
	Super-Heavyweight	over 225-1/4 lbs.
<b><u>WOMEN BB</u></b>	Lightweight:	115 lbs. & under
	Middleweight:	over 115 lbs. up to & including 125 lbs.
	Light-Heavyweight:	over 125 lbs. up to & including 140 lbs.
	Heavyweight:	over 140 lbs.
<b><u>FIGURE &amp; BIKINI</u></b>	Six Height Classes	up to & including 5'1" (A) over 5'1" up to & including 5'2-1/2" (B) over 5'2-1/2" up to & including 5'4" (C) over 5'4" up to & including 5'5-1/2" (D) over 5'5-1/2" up to & including 5'7" (E) Over 5'7" (F)

# 2009 NPC USA BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

## ENTRY FEES

*MONEY ORDER MADE PAYABLE TO "LINDSAY PRODUCTIONS" IN THE AMOUNT OF \$150.00 FOR EACH ATHLETE (MEN AND WOMEN).*

**ENTRIES MUST BE POSTMARKED BY FRIDAY, JULY 3, 2009. ENTRIES POSTMARKED AFTER JULY 3 WILL BE ACCEPTED IF RECEIVED BY JULY 8, 2009. ENTRY FEE FOR ENTRIES POSTMARKED AFTER JULY 3 AND RECEIVED BY JULY 8 IS DOUBLED TO \$300. ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER JULY 8, 2009.**

## CHECK-IN / ATHLETE MEETING / WEIGH-IN

### EMBASSY SUITES HOTEL

Thursday, July 23, 2009 - **Early Check-in/Weigh-in for Bodybuilders:** Men: 6:30 p.m. – 8 p.m./Women 8-9:30 p.m.  
**Early Check-in/Height Check:** Figure & Bikini: 8-9:30 p.m.  
Friday, July 24, 2009 - **Final Check-in/Weigh-in/Height Check:** All Athletes: 9 a.m. - 10:30 a.m.

**COMPETITION SUITS MUST BE WORN TO WEIGH-IN. IF YOU HAVE ANY DOUBT ABOUT THE SUIT STYLE, BRING A SECOND SUIT!**

## MUSIC / NPC REGULATIONS

- All contestants MUST supply their own music. Bodybuilders' music MUST be no longer than 90 seconds. NO PROFANITY IN MUSIC WILL BE PERMITTED OR ALLOWED OR THE COMPETITOR WILL BE IMMEDIATELY DISQUALIFIED!
- Posing music MUST be on a CD and MUST be cued to your music. .
- Posing music MUST be the only music on the CD.
- CDs will be collected at the mandatory athletes' meetings prior to prejudging.
- Men's and Women's bodybuilding contestants will not use music at the prejudging. There will be 60 seconds of posing in prejudging.
- Competition suits MUST be worn to weigh-in.
- No "T" back suits will be allowed. However, female bodybuilding competitors will be allowed to wear multicolored posing suits and jewelry at the evening show. **Emphasis is on "good taste"!**
- Additional regulations pertaining to figure and bikini competitors are set forth on the Women's Figure and Bikini Entry Forms.

## POSING AND AWARDS

The top 15 finalists in each bodybuilding class and the top 15 finalists in each figure and bikini height classes will be introduced on stage at the finals. The top five competitors in each bodybuilding class will perform their entire routine. The top five athletes in each bodybuilding class, the top five figure and bikini finalists in each height class, and the overall winners will be awarded trophies.

*The Top 3 Overall Male and top 2 Female Bodybuilding Champions as well as the winners in the each of the height classes in the Women's Figure and Bikini divisions will be eligible for IFBB professional status.*

## HOST HOTEL

### EMBASSY SUITES HOTEL

4315 Swenson Street, Las Vegas, NV 89119

For Reservations, call 702-795-2800 and ask for Special NPC USA Room Rate

## TRAVEL ARRANGEMENTS

Discount travel arrangements can be made by emailing Laura Colvin at [lcolvin@earthlink.net](mailto:lcolvin@earthlink.net) or call her at 773-866-2668  
Ask for special NPC USA Rates

## REIMBURSEMENT FOR TRAVEL

Class Winners will receive up to \$100 toward travel expenses. Overall Winners will receive up to \$200 toward travel expenses.  
(All reimbursements will be made only with proof of travel expenses.)

## **NPC NATIONAL EVENT COMPETITOR/ATTENDEE UPDATE**

As we all know, the NPC's yearly national event schedule offers the highest ranking and most competitive events of all the NPC's annual competitions. It is extremely important that each and every competitor and their support staff are properly prepared for their trip to and performance at a national-level event. One of the considerations that, on behalf of the NPC I personally strongly endorse and recommend, is that all competitors and attendees stay at the event headquarters hotel, which usually is the site of the competition itself and always is the site of registration, weigh- and check-ins, judging clinics and all competition-related information dissemination and credential issuance. Give the rigorous schedule of every national event – especially with the new expansion, the addition of the Bikini Division in 2009 – the need of all competitors to be on premises at all times becomes more and more critical. It sometimes becomes necessary to change event schedules at the last minute and this information is only disseminated at the headquarters hotel. In addition, I have found that competitors seem more properly prepared to compete when they have settled into and stay at the location of the event as opposed to driving in to the event location from other local areas. It is my feeling that being able to rest until the very time of competition and not having to travel in any way to a competition site can be helpful in having a good mental competitive attitude.

In recent years, there have been many occasions where competitors were disqualified because of event time changes or other last minute procedural alterations that occurred between the weigh-in and the actual time of competition. Competitors staying at outside hotels other than the event headquarters are put at a disadvantage in situations like that. It is their responsibility to be available to accommodate any schedule changes or other circumstances that the NPC must administer during a national event.

Thank you for your cooperation.

James B. Manion, President  
National Physique Committee of the USA, Inc.

# 2009 NPC USA BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

## SCHEDULE OF EVENTS

<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
<u>Thursday, July 23</u>	9 a.m. - 9 p.m.	NPC/Promoter's Office	Embassy Suites
	6:30 - 8 p.m.	Early Weigh-in (Men)	Embassy Suites
	8 - 9:30 p.m.	Early Weigh-In (Women Bodybuilding)	
		Early Check-in/Height Check (Figure & Bikini)	
<u>Friday, July 24</u>	9 a.m. - 3 p.m.	NPC/Promoters Office	Embassy Suites
	9 - 10:30 a.m.	Final Weigh-In/Check-In (All Athletes)	Embassy Suites
		National Judge's Test	Embassy Suites
	3 p.m.	Men's Mandatory Meeting	Artemus Ham Hall
	4:30 p.m.	Men's Prejudging	Artemus Ham Hall
	5 p.m.	Bikini Mandatory Meeting	Artemus Ham Hall
	Time tbd	Bikini Prejudging	Artemus Ham Hall
<u>Saturday, July 25</u>	8 a.m.	Women's Bodybuilding Mandatory Meeting	Artemus Ham Hall
	9 a.m.	Women's Bodybuilding Prejudging	Artemus Ham Hall
	9:30 a.m.	Figure Meeting & Prejudging	
	5 p.m.	Top 15 Class Competitors Mandatory Meeting (Men, Women, Figure, Bikini)	Artemus Ham Hall
	6:30 p.m.	Finals	Artemus Ham Hall

**All Competitors should arrive 15 minutes early for meetings. Meetings WILL start on time. Competitors – please note that this schedule is subject to change and final schedule and show meetings will be posted at the Embassy Suites Hotel during weigh-in and check-in. Please be there on time.**

**All competitors will receive a complimentary package containing sponsors' products and Event T-Shirt!**

Lindsay Productions  
2554 Lincoln Blvd.  
PMB 749  
Venice, CA 90291

# 2009 BODYBUILDING.COM NPC USA BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

## TICKET PRICES AND ORDER FORM

**Ticket Prices:**     *There are no refunds or transfers of tickets after purchase.*

FINALS:                 \$100 - \$75 - \$50 - All Seats Reserved

PREJUDGING:        Men Bodybuilding/Figure - \$35 Women BB/Bikini - \$35 - Open Seating  
(All ticket prices subject to applicable fees)

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### ORDER FORM

Mail to:           Lindsay Productions  
                  2554 Lincoln Boulevard  
                  PMB 749  
                  Venice, CA 90291

fax to 310.693.2516  
email to jon@musclecontest.com  
online @ www.musclecontest.com

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

FINALS	_____	@ \$100 =	\$ _____	Reserved Seating
FINALS	_____	@ \$75 =	\$ _____	Reserved Seating
FINALS	_____	@ \$50 =	\$ _____	Reserved Seating

**PREJUDGING:**

MEN/BIKINI	_____	@ \$35 =	\$ _____	Open Seating
WOMEN/FIGURE	_____	@ \$35 =	\$ _____	Open Seating

Entertainment Tax – Add 10% of Order     \$ \_\_\_\_\_

**There will be a 5% postage fee added to all credit card orders**     \$ \_\_\_\_\_

**TOTAL AMOUNT DUE**     \$ \_\_\_\_\_

**No tickets will be sent out after July 15 (they will be held at the box office at “Will Call”)**  
***There are no refunds or transfers of tickets after purchase.***

Method of Payment: \_\_\_ Money Order (**Payable to Lindsay Productions**)  
\_\_\_ VISA \_\_\_ Mastercard (Credit card orders can also be faxed to Lindsay Productions at 310.693.2516)  
**Tickets can also be purchased online at [www.musclecontest.com](http://www.musclecontest.com)**

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Name Card Issued In	Card Number	Exp. Date
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Address where credit card billing is received if different from mailing address above.

# 2009 NPC USA BODYBUILDING CHAMPIONSHIPS

## Official BODYBUILDING Entry Form

**ENTRIES MUST BE POSTMARKED BY FRIDAY, JULY 3, 2009. ENTRIES POSTMARKED AFTER JULY 3 WILL BE ACCEPTED IF RECEIVED BY JULY 8, 2009. ENTRY FEE FOR ENTRIES POSTMARKED AFTER JULY 3 AND RECEIVED BY JULY 8 IS DOUBLED TO \$300. ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER JULY 8, 2009.**

Name \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_  
Address \_\_\_\_\_ Apt.# \_\_\_\_\_ Email \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (\_\_\_\_\_) \_\_\_\_\_ Age \_\_\_\_\_ NPC Card # \_\_\_\_\_

WEIGHT CLASS YOU INTEND TO COMPETE IN (Please Check):

Men:  Bantamweight  Lightweight  Welterweight  Middleweight  Light-Heavyweight  Heavyweight  
 Super-Heavyweight

Women:  Lightweight  Middleweight  Light-Heavyweight  Heavyweight

Contest Where Eligibility Was Attained \_\_\_\_\_ Location \_\_\_\_\_

Placing in Contest \_\_\_\_\_ Date of Event \_\_\_\_\_

Contest Promoter's Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State/Zip \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_

Name of Your NPC District Chairman \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_ Phone No.(\_\_\_\_) \_\_\_\_\_

Have You Entered a National Contest Before?  Yes  No Date \_\_\_\_\_ Name \_\_\_\_\_ Location \_\_\_\_\_

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the National Physique Committee of the USA, Lindsay Productions, Jon Lindsay individually, Artemus Ham Concert Hall and the University of Nevada Las Vegas, and/or any associated promotional partners or entities, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2009 NPC USA Bodybuilding Championships and its related events, I hereby grant the NPC and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent.

I understand that the NPC and/or any other NPC-approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC and/or any NPC-approved video or entertainment organization hereunder.

Signature \_\_\_\_\_ Name (Please Print) \_\_\_\_\_ Date \_\_\_\_\_

**IF THIS RELEASE IS BEING SIGNED BY A PERSON UNDER EIGHTEEN (18) YEARS OF AGE, THE FOLLOWING MUST BE COMPLETED.**

The undersigned is (are) the parent(s) or legal guardian(s) of the above-mentioned minor and is entitled to the sole care, custody and control of said minor. The undersigned does hereby represent, agree and guarantee that the undersigned consents to the execution by the minor of the Release, that the undersigned will not revoke such consent during the minority of the minor, that the undersigned has read the Release, is familiar with all the contents thereof, and that the minor shall fully and completely comply with all terms of the Release.

Parent(s) or Legal Guardian(s) Signature(s)

Parent(s) or Legal Guardian(s) Names Printed

Date

**ALL BODYBUILDING ATHLETES RETURN ENTRY FORMS TO:**

**JON LINDSAY**

**LINDSAY PRODUCTIONS**

**2554 LINCOLN BOULEVARD, PMB 749**

**VENICE, CA 90291**

**CHECKLIST (Include):**

1. Entry Form
2. Copy of 2009 NPC card
3. Entry fee (Money Order only) for \$150 made payable to **LINDSAY PRODUCTIONS**
4. Proof of US Citizenship: Copy of Birth Certificate, Voter Registration Card, DD-214, or Passport  
**DRIVER LICENSES OR SOCIAL SECURITY CARDS ARE NOT ACCEPTABLE PROOF OF CITIZENSHIP**
5. **Men and Women:** Return Entry Form by Certified Mail, Express Mail, UPS Next Day or Federal Express to Jon Lindsay.

# 2009 NPC USA FIGURE CHAMPIONSHIPS

## Official FIGURE Entry Form

**ENTRIES MUST BE POSTMARKED BY FRIDAY, JULY 3, 2009. ENTRIES POSTMARKED AFTER JULY 3 WILL BE ACCEPTED IF RECEIVED BY JULY 8, 2009. ENTRY FEE FOR ENTRIES POSTMARKED AFTER JULY 3 AND RECEIVED BY JULY 8 IS DOUBLED TO \$300. ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF RECEIVED AFTER JULY 8, 2009.**

Name \_\_\_\_\_ Telephone \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_  
Address \_\_\_\_\_ Apt. # \_\_\_\_\_ Email Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ NPC Card # \_\_\_\_\_  
Contest (Where Eligibility Was Attained) \_\_\_\_\_ Location \_\_\_\_\_  
Placing in Contest \_\_\_\_\_ Date of Event \_\_\_\_\_  
Promoter's Name \_\_\_\_\_ Phone # (\_\_\_\_\_) \_\_\_\_\_  
Name of Your NPC District Chairman \_\_\_\_\_ Phone # (\_\_\_\_\_) \_\_\_\_\_  
Have You Entered a National Contest Before? \_\_\_ Yes \_\_\_ No / Name of Contest \_\_\_\_\_  
Location \_\_\_\_\_ Date \_\_\_\_\_

HEIGHT CLASS YOU INTEND TO COMPETE IN: \_\_\_A \_\_\_B \_\_\_C \_\_\_D \_\_\_E \_\_\_F

**Prejudging/Swimsuit:** The contestants will present quarter turns with other contestants, wearing high heels and a two-piece swimsuit of their choice, provided that no thong suits will be permitted. Jewelry may be worn in this round. No oil may be worn. Elimination rounds may be necessary in the round, depending on the number of contestants.

**Final Assessment:** All competitors will be brought back in their two-piece suits for quarter-turns. The top 5 will then be re-scored and those scores will be added to the prejudging scores for a final score.

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the National Physique Committee of the USA, Lindsay Productions, Jon Lindsay individually, Artemus Ham Concert Hall and the University of Nevada Las Vegas, and/or any associated promotional partners or entities, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2009 NPC USA Figure Championships and its related events, I hereby grant the NPC and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent.

I understand that the NPC and/or any other NPC-approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC and/or any NPC-approved video or entertainment organization hereunder.

Signature \_\_\_\_\_ Name Printed \_\_\_\_\_ Date \_\_\_\_\_

**IF THIS RELEASE IS BEING SIGNED BY A PERSON UNDER EIGHTEEN (18) YEARS OF AGE, THE FOLLOWING MUST BE COMPLETED.**

The undersigned is the parent or legal guardian of the above-mentioned minor and is entitled to the sole care, custody and control of said minor. The undersigned does hereby represent, agree and guarantee that the undersigned consents to the execution by the minor of the Release, that the undersigned will not revoke such consent during the minority of the minor, that the undersigned has read the Release, is familiar with all the contents thereof, and that the minor shall fully and completely comply with all terms of the Release.

Parent or Legal Guardian Signature \_\_\_\_\_ Parent or Legal Guardian Name Printed \_\_\_\_\_ Date \_\_\_\_\_

<b>RETURN ENTRY FORM TO:</b>	<b>JON LINDSAY LINDSAY PRODUCTIONS 2554 LINCOLN BOULEVARD, PMB 749 VENICE, CA 90291</b>
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**CHECKLIST** (Include):

1. Entry Form
2. Copy of 2009 NPC card
3. Entry fee of \$150 (Money Order Only) to **LINDSAY PRODUCTIONS**
4. Proof of U.S. Citizenship: Copy of Birth Certificate, Voter Registration Card, DD-214, or Passport  
**DRIVER LICENSES OR SOCIAL SECURITY CARDS ARE NOT ACCEPTABLE PROOF OF CITIZENSHIP**
5. Return Entry by Certified Mail, Express Mail, UPS Next Day or Federal Express to Jon Lindsay.

# 2009 NPC USA BIKINI CHAMPIONSHIPS

## Official BIKINI Entry Form

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Name \_\_\_\_\_ NPC Card # \_\_\_\_\_  
Address \_\_\_\_\_ Apt. # \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

HEIGHT CLASS YOU INTEND TO COMPETE IN:  A  B  C  D  E  F

Name of Your NPC District Chairman \_\_\_\_\_ Phone # \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_  
NPC Contests Entered \_\_\_\_\_ Date of Contest \_\_\_\_\_  
Placing in Contest \_\_\_\_\_  
Contest Promoter's Name \_\_\_\_\_  
Occupation \_\_\_\_\_  
Hobbies \_\_\_\_\_

### Competition Rules

The contestants will perform their "Model Walk" (personal preference) to the center of the stage, stop and do a front stance, stop, do a full turn to do a rear stance, turn to the front again, then proceed to the side of the stage. The contestants will wear high heels and a two-piece swimsuit of their choice, provided that no thong suits will be permitted. Jewelry may be worn in this round. No oil may be worn.

The contestants will present their full front and rear stance with other contestants wearing their two-piece swimsuits and high heels. Judges will score competitors on "Balance and Shape" and overall physical appearance, including complexion, skin tone, poise and overall presentation.

**Finals:** The top five (5) competitors in each height class will receive trophies.

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the National Physique Committee of the USA, Lindsay Productions, Jon Lindsay individually, Artemus Ham Concert Hall and the University of Nevada Las Vegas, and/or any associated promotional partners or entities, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2009 NPC USA Bikini Championships and its related events, I hereby grant the NPC and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent.

I understand that the NPC and/or any other NPC-approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC and/or any NPC-approved video or entertainment organization hereunder.

Signature \_\_\_\_\_ Name(printed) \_\_\_\_\_ Date \_\_\_\_\_

**IF THIS RELEASE IS BEING SIGNED BY A PERSON UNDER 18 YEARS OF AGE, THE FOLLOWING MUST BE COMPLETED**

The undersigned is(are) the parent(s) or legal guardian(s) of the above-mentioned minor and is entitled to the sole care, custody and control of said minor. The undersigned does hereby represent, agree and guarantee that the undersigned consents to the execution by the minor of the Release, that the undersigned will not revoke such consent during the minority of the minor, that the undersigned has read the Release, is familiar with all the contents thereof, and that the minor shall fully and completely comply with all terms of the Release.

Parent or Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent or Legal Guardian Name Printed \_\_\_\_\_

**RETURN ENTRY FORM TO:** JON LINDSAY  
LINDSAY PRODUCTIONS  
2554 LINCOLN BOULEVARD, PMB 749  
VENICE, CA 90291

### CHECKLIST (Include):

1. Entry Form
2. Copy of 2009 NPC card
3. Entry fee of \$150 (Money Order Only) to **LINDSAY PRODUCTIONS**
4. Proof of U.S. Citizenship: Copy of Birth Certificate, Voter Registration Card, DD-214, or Passport  
**DRIVER LICENSES OR SOCIAL SECURITY CARDS ARE NOT ACCEPTABLE PROOF OF CITIZENSHIP**
5. Return Entry by Certified Mail, Express Mail, UPS Next Day or Federal Express to Jon Lindsay.